

Public Health CE Specialty Track

CHES — SOPHE Category
I
+1.0 CECH

PREREQUISITE: Core CE Program (15 sessions) must be completed before enrolling in this specialty track.

PROGRAM DESCRIPTION

A city council cut the parks budget in the neighborhood with the highest depression rates in the county. This is a public health decision. Most public health practitioners have no governance framework for it. Evans (2003) established that neighborhood disorder, housing quality, noise, and green space are independent mental health determinants — not correlates but causes. Sarkar et al. (2018) confirmed the equity dimension in ninety-four thousand participants: the mental health protection of green space is strongest for the lowest-income populations.

Session PH1 gives public health practitioners the built environment governance framework for population health assessment, policy advocacy, and health equity planning. The session applies NSAG M5 (Biophilic Civic Infrastructure) and M7 (Conscious Cities) governance dimensions to public health practice: mental health impact assessment, green space equity standards, noise governance, housing quality as health infrastructure, community participation, and equity impact assessment. The practice application exercise requires drafting a public comment advocating for an equity impact assessment requirement.

WHO THIS IS FOR

- CHES and MCHES practitioners
- MPH students and alumni
- City and county health department staff
- Environmental health specialists
- Chronic disease program coordinators
- Community health educators

SESSIONS

Session PH1: Population-Level Governance and Health Equity: Built Environment as Public Health Infrastructure (1.0 CECH — Category I)

ACCREDITATION STATUS

Accrediting Body	SOPHE (Society for Public Health Education)
CE Type / Units	CHES/MCHES CECH — Category I CE
Credit Hours	1.0 CECH (Continuing Education Contact Hour)
Status	In Process — SOPHE Category I pre-approval application in process

Pathway	NSAG joining SOPHE as institutional member; submitting PH1 for Category I pre-approval; CHES practitioners may self-report as Category II pending pre-approval
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LEARNING OUTCOMES

Learning Outcome	Competency Domain	Evidence
Apply Evans (2003) built environment and mental health evidence to assess the population mental health burden of two built environment conditions in a described community health assessment	Area I: Assess; Area VII: Advocate	Post-test: identify built environment mental health determinants and estimate equity burden using Sarkar et al. (2018)
Use Sarkar et al. (2018) equity findings to identify differential health burden by income in a described planning scenario	Area I: Assess; Area VII: Advocate for equity	Application exercise: identify which population bears disproportionate burden from green space deprivation in a described development scenario
Evaluate a described urban planning decision against NSAG M7 governance dimensions and draft one governance recommendation appropriate for a public health policy advocacy context	Area II: Plan; Area V: Manage; Area VII: Communicate	Post-test: identify governance gap in planning decision and draft advocacy recommendation

60-MINUTE SESSION STRUCTURE

Session PH1 follows the standard 60-minute structure:

Time	Min	Segment	Content	Credit
0:00–0:03	3	Welcome & Disclaimers	Disclaimer; speaker COI disclosure; CE accreditation status statement	No
0:03–0:08	5	Pre-Test	5-question pre-test on session domain content	Yes
0:08–0:12	4	Overview & Objectives	Three learning objectives; governance problem stated in one sentence with primary evidence source	Yes
0:12–0:22	10	The Governance Problem	Evidence base for the governance gap; primary source cited verbatim	Yes
0:22–0:35	13	Evidence Base	2–3 primary peer-reviewed sources with DOIs; key findings; governance implication per source	Yes
0:35–0:45	10	Six Governance Dimensions	Each dimension defined and illustrated with a profession-specific institutional example	Yes
0:45–0:50	5	PIONEERING Standards	Full PIONEERING tier criteria — observable, documentable governance standards	Yes
0:50–0:57	7	Practice Application Exercise	Active written or structured response required for credit	Yes
0:57–1:00	3	Post-Test & Certificate	5-question post-test; minimum 80% for credit; certificate issued on completion	Yes

WHAT'S INCLUDED

- Pre-test (5 questions per session)
- Post-test (5 questions per session; minimum 80% required for credit)
- Practice application exercise (active written or structured response)
- Timed prerecorded video session (60 minutes)
- Certificate of completion (issued on post-test completion)
- Written materials package (substantive outline, authority map, hypothetical)

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This document is a condensed program overview. No CE credit is approved until confirmed by the relevant accrediting body.
This document does not constitute legal, medical, or professional advice.